



2019-2020 Manufacturing Video Competition

VIDEO SUBMISSION INSTRUCTIONS

Prior to submission, final videos must be approved by the manufacturing company. **Please send an email to education@ccat.us confirming that the video has been approved.**

Once the video has been approved, use the instructions below to submit the final version.

1. Visit <https://www.filemail.com/>.
2. Select **Send as email**.
3. Fill in the fields as indicated below:

To (email): education@ccat.us
From (email): Your email address
Subject: 2020 WSCAM Video Competition
Message: Your school name

4. Click **Add Files** and select your video file. Please upload one file in a standard video format (e.g. WMV, MOV, AVI, etc.).
5. Click **Send**.
6. The Transfer Options dialog box will pop up. Leave the default options and click **Send**.
7. Thank you for submitting your video! We will email you a confirmation after we receive your video. If you do not receive a confirmation from us within three days, please contact Thienly Nguyen at education@ccat.us or 860.282.4216